



Christ Church Cathedral School

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September 17, 2015

Dear CCCS Families,

The school year is in full swing and many activities are underway. For our Middle School students, excitement is building for Camp Thunderbird next week. Grade 4 & 5 students had the opportunity to experience a day of camp on Tuesday, September 15th. Camp Thunderbird is a wonderful team building experience for our students, and is partially funded by your support of the Thrifty Foods Smile Card program. Be sure to pick up a card from the office if you don't already have one.

There are two important items going home today with your children: picture day order forms, and lunch order forms. Please read the newsletter to learn more about each of these.

Tonight we hope you will join us for a very important evening. The PSG Barbecue starts things off at 5:00 pm, followed by the first PSG meeting of the year, and then the curriculum evening from 6:30 - 7:30 pm. I'm looking forward to getting to know our new families and seeing the familiar faces of those returning. The PSG is still looking for some last minute volunteers, so please help if you are able. See you tonight!

Stuart Hall

Weekly Calendar

Thursday, Sep. 17	- PSG Welcome Back BBQ 5:00 - 6:00 pm - PSG Meeting 6:00 - 6:30 pm - Curriculum Evening 6:30 - 8:00 pm
Friday, Sep. 18	- Co-ed Soccer Jamboree - grade 4: 9:30 - 11:30am; grade 5: 12:30 - 2:30pm - Cross Country Training at lunch
Monday, Sep 21	- Cross Country Meet @ Windsor Park at 3:30 pm
Tuesday, Sep. 22	- Middle School Boys and Girls Soccer Practice 3:15 - 4:15 pm
Wednesday, Sep. 23	- Camp Thunderbird (grades 6 - 8) - Internet Safety Presentation for parents with Darren Laur 6:30 - 8:30 pm - Cross Country Training at lunch
Thursday, Sep. 24	- Cross Country Training 12:10 pm - Camp Thunderbird (grades 6 - 8) - Rockland Street Paint -In 2:30 - 7:00 pm
Friday, Sep. 25	- Camp Thunderbird (grades 6 - 8) - Cross Country Training at lunch - Lunch order forms and payment due



Click the link to read Christ Church Cathedral's weekly e-newsletter:
<http://eepurl.com/bzsKrz>

Upcoming Events, Activities, and Items to Note:

PSG Welcome Back BBQ, followed by meeting — TONIGHT, Thursday, September 17

All families are encouraged to attend the BBQ, which kicks things off at 5:00 pm this evening. This is followed by the first PSG meeting of the year and election of this year's PSG Executive. Lots of class reps are needed. There is a sign-up sheet on the PSG Bulletin Board for every position, whether filled or not.

Curriculum Evening — TONIGHT, Thursday, September 17 at 6:30 pm

Following the PSG BBQ and meeting, the curriculum evening will begin at 6:30 pm. Childminding is available.

Parking Restriction — Wednesday, September 23: Please note that parents and staff will not be able to park in the South Parking Lot (next to the rear entrance of the Cathedral) next Wednesday due to tree trimming.

Rockland Avenue Greenway Paint In — Thursday, September 24: Things are happening in our neighbourhood!

Some short-term improvements to the Rockland Avenue greenway (between the Cathedral and Pioneer Park) are being implemented this year. This includes new marked bike lanes, new welcoming signage and more seating. In addition, there will be a community paint-in to help create a community mosaic on a portion of the street. A poster outlining the event details and showing the site plan for the short term improvements is attached.

Lunch Order Forms — Due back Friday, September 25. Lunch order forms and a colour-coded calendar are going home with each student today. This is an optional program. Changes this year are: milk is available on Mondays and Wednesdays only (not Fridays), and we have changed our pizza supplier to Ali Baba and are now able to offer a soy cheese option for pizza.

Terry Fox Run/Walk— Friday, October 2: It is hard to believe that it has been 35 years since Terry Fox made history with his Marathon of Hope. Terry Fox often said that it was the youth who would carry forth his efforts and work towards a world without cancer. At CCCS, we are proudly carrying on Terry's efforts.



On Friday October 2nd at 1:15 pm, students in grades K – 8 will walk together to Heywood Field at Beacon Hill Park for a Fun Run. Kindergarten – grade 3 students will run in one area of the field and the grade 4 – 8 students will follow a route on the chip trail. Parents are encouraged to join us to run/walk too! It is especially heart-warming to see our students raising funds by completing extra chores at home or giving from their allowances or birthday money. Last year we raised \$1,877.50 and our goal this year is \$2, 000. Tax receipts will be issued for cheques of \$20 and over made payable to the **Terry Fox Foundation**. Unfortunately, tax receipts are not issued for cash donations.

Please visit the Terry Fox Foundation website at www.terryfox.org and thank you for keeping Terry's dream alive.

"Even if I don't finish, we need others to continue. It's got to keep going without me."

~ Terry Fox, July 10, 1980

Spanish lessons for Middle School students:

Teacher: Patricio Espinoza

Dates: Beginning Monday, October 5th and ending Friday, November 13th – 12 sessions
(No classes Oct. 12th)

Times: Monday and Friday afternoons from 3:15 – 4:15 pm

Place: Christ Church Cathedral School – classroom to be announced

Cost: \$108.00 for the full 12 sessions. All materials will be provided.

Picture Day — Tuesday, October 6: Individual photo day. This year you will get to review the photo proofs and choose the images and backgrounds for your child's photo *before* you purchase online. A form will go home with your child today. Simply fill in your child's name and teacher and ensure that it is returned to school on picture day. There is no pre-ordering or payment required until after you view the proofs.

Reminder: If you have not yet paid for your child's agenda (grades one to eight), please bring \$8.00 to your child's teacher. Thank you to everyone who has already paid.



HANDWASHING FOR HEALTH

Germs spread easily in a classroom. Handwashing is the most effective way to stop the spread of germs that cause colds, influenza, diarrhea and other illnesses. It is important children learn how and when to wash their hands to decrease their risk of getting sick.

How to Wash Hands:

- ◆ **Wet** hands under warm running water
- ◆ **Scrub** with plain soap for a count of **20**, all over hands and between fingers
- ◆ **Rinse** under running water for a count of **10**
- ◆ **Dry** hands with a clean paper towel
- ◆ **Turn** off taps with a paper towel

When to Wash Hands:

- ◆ Before and after eating or handling food
- ◆ After using the toilet, handling pets, coughing, sneezing, or wiping noses

How long is 20 seconds?

- ◆ Slowly singing “Happy Birthday” twice takes about 20 seconds

For more information contact:

- ◆ HealthLinkBC at 8-1-1 (a free call) or www.healthlinkbc.ca
- ◆ www.dobugsneeddrugs.org

Health Units:

Esquimalt	250-519-5311	Salt Spring Island	250-538-4880
Outer Gulf Islands	250-539-3099	Sooke	250-642-5464
Peninsula	250-544-2400	Victoria	250-388-2200
Saanich	250-519-5100	West Shore	250-519-3490