



Christ Church Cathedral School Newsletter

January 11, 2018

Dear Cathedral School Families,

On behalf of all of us at the school, once again I would like to thank everyone who has helped support the staff and students during this week. We have been overwhelmed by the generosity and kindness of parents who have communicated their support and brought coffee, tea, muffins, and other treats to the school. Other schools in the area have reached out to us as well and we are very grateful to them. School District 61 and the Ministry of Education have been very supportive.

I would like to give special recognition to Pacific Christian School who, along with our Parent Support Group, provided us with homemade soup and hot dishes for lunch this week. It was their therapy dog, Gracie, who provided love and comfort to many of the children and staff. St. Michaels University School sent a team of counsellors and their guidance and one-on-one support of our students has been very helpful. Dr. Jillian Roberts and her counselling staff have been outstanding, right from the start. Leonard Butt from Glenlyon Norfolk School, and other counsellors in the city have also come to our aid. Jenny Williams from the Society of Christian Schools of BC provided great assistance. Our staff members were led through a very helpful workshop on Monday, January 8, led by Meg Kapil. Her expertise and wise counsel enabled us to take care of ourselves so that we could then take care of our students.

This outpouring of love, from a community much broader than we expected, has given us much strength, and we are blessed to have so much support. Please know that we are honoured and grateful to all of you. Most of all, know that our students received the support, love and care they needed and they are moving through their grief.

Tomorrow, Friday, January 12, the school will be closed. The funeral for Chloe and Aubrey Berry is at 11:00am. A letter providing details regarding parking and seating has been sent separately. A reception will follow in the school gymnasium. There will not be child care provided. Our thoughts and prayers go out to Sarah Cotton as she prepares herself for tomorrow.

I would like to welcome two new students who joined us yesterday: Farrah Kambeitz in grade 2 and Joelle Marshman in grade 7. Joelle was a kindergarten student at CCCS before she moved to Switzerland with her family and we're glad to have her back.

As we ease back into the routines of the school year, there are many things to look forward to, such as the ski trip on January 19th for the Middle School and the gymnastics program for grades K - 3.

With much gratitude,

Stuart Hall

News & Upcoming Events:

Friday, January 12: School is closed. See details above.

Wednesday, January 17 - Mandatory Ski Trip Meeting 3:10 - 3:40pm: All students attending the ski trip, and their parents, are required to attend this meeting in the auditorium

Friday, January 19: Mt. Washington Ski & Snowboard trip for grades 6 to 8

Basketball Program: The *Eli Pasquale* Basketball program will be starting in January at the school on either a Tuesday or Thursday. There are spaces for more kids who would be interested. Please contact Mr. Rhodes: james.rhodes@cathedralschool.ca to express interest in putting your child/children into the program. He is trying to finalize the details and number of participants. The program will run for about 10 weeks.

HOT LUNCH ORDERS

Please remember to order lunches for your child by the deadline. Go to cccs.hotlunches.net
THERE ARE 13 DAYS left to order for FEBRUARY.

FEBRUARY: deadline to order: **January 24**

MARCH/APRIL: deadline to order: **February 22**

MAY/JUNE: deadline to order: **April 23**

If you are not sure if you have ordered, PLEASE check with me before the ordering deadlines. Thank you. (office@cathedralschool.ca or phone 250-383-5125) ~ Liisa

Yoga for Children

Therapeutic Benefits of Yoga for Children: Flexibility / Strength / Body Awareness / Balance / Coordination / Attention and Behavioural Regulation / Cognitive and Social Skills

Yoga for children is approached differently than it is for adults, so there will be lots of movement, stories and fun this term.

Yoga for children: ½ hr. lunch time or 1 hr. after school sessions

K, 1, 2, 3: January 11 - March 8 ~ 12:20 – 12:50 / 8 classes: \$25.00

All Grades: Thursdays, January 11 - March 8 ~ 3:10 – 4:10 / 8 classes: \$60.00

***PLEASE NOTE: NO CLASS JANUARY 25 - VICKI ABSENT THAT DAY!**

Please see Educational Assistant - Vicki **REGISTER:** [250-882-2325](tel:250-882-2325) // Email: omshanti89@gmail.com
<https://www.facebook.com/SanjanaYogaAndWellness>

Check out The Top 5 Reasons Yoga Helps Children: <http://karmaspot.wordpress.com/the-top-5-reasons-yoga-helps-children/>



Click the link to read Christ Church Cathedral's weekly e-newsletter:

[CCC E-Newsletter: January 10, 2018](#)

Christ Church Cathedral School

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