



Christ Church Cathedral School Newsletter

March 13, 2019

Dear CCCS Parents & Guardians,

Your children will bring home their Term II report cards today. We hope this provides an opportunity for conversation with them about their growth and development this term. There is so much to celebrate with ALL our students; they've done very well. In our classrooms we reinforce the idea that learning is driven by inquiry and that everyone can learn. We find it very helpful to point out how far our students have come since September and that their progress is a direct result of their own hard effort. Of course we also spend time setting goals for the term ahead, but I would suggest that a celebration of achievement is of primary importance.

Just before Spring Break begins we are giving you another opportunity to clear out all your refundable cans and bottles. Why not start the break with a clean storage room? Proceeds from the bottle drive this Friday go toward supporting the next French trip.

During Spring Break the school doesn't shut down. Our Lux Mundi camps are already full, but there are other opportunities highlighted elsewhere in the newsletter, including Mrs. Erickson's Blast off with Piano camp for both new and experienced students. There is lots to do over the next two weeks!

Today in Chapel we learned about an interesting and colourful way to welcome in the spring weather. March 20 marks the Hindu festival called Holi, where people gather together and throw coloured powder at each other. It looks like a giant food fight, but it is actually a celebration of love.

Coincidentally, or perhaps not, Kate Newman is putting on a free art workshop for kids at the Cathedral on March 20. The children will be making colourful flowers and this creative activity will be repeated a week later on March 27.

I hope you all get a chance to enjoy some family time over Spring Break, and spend some of it outdoors in this beautiful weather, which has just arrived.

We will see you back here on April 1st!

Yours,

Weekly Calendar: For up to date calendar information, see the school's website:

<http://cathedralschool.ca/school-calendar/>

News & Upcoming Events:

BOTTLE DRIVE Friday, March 15 at 8am: Remember to bring your empties to the school Friday morning for the bottle drive. Thank you for supporting our French trip fundraising! **Volunteers are welcome for sorting.**

Mufti Day Friday, March 15: Friday will be a St. Patrick's Day themed Mufti Day. **Wear green!**

HOT LUNCHES Reminder: The final lunch deadline of the year will be **March 19** for the last lunch schedule: April/May/June. Please remember to place your orders BEFORE the deadline. Also, if you have a balance owing on your lunch account, please make sure it is paid. You can check your balance online at cccs.hotlunches.net. Thank you!

Uniforms Reminder: Please check the Lost & Found before Spring Break to see if there are items belonging to your child. Over the break it is a good idea to clean and possibly repair/ alter or order new uniform pieces. We have noticed many students who are not in proper uniform lately. Wear the Cathedral School uniform with pride and show your school spirit!

PSG NEWS

Easter 2019 fundraising with Purdys Chocolates:

To support us through purchasing some very sweet Easter gifts for friends, family and yourself, please click the link: <https://fundraising.purdys.com/7540-65022>
After you've signed in you can buy amazing chocolates or invite others to join and support our Fundraising Campaign. **Order deadline is April 3rd** and pickup at school is on April 16th & 17th.

Mother's Day Plant Sale: Orders due this Friday, March 15:

The order form is attached with this newsletter in case you did not receive one last week.

Volunteer Opportunity:

This Friday, March 15th, after school, the PSG needs a volunteer to sort the Mother's Day Order Forms and let the PSG know the totals. This should take 10 - 15 minutes.
Please email psg@cathedralschool.ca, if you can help out.

SPRING BREAK

SPRING BREAK: March 18 - 29. Term 3 Begins Monday, April 1.

Lux Mundi Spring Break is now full. We are not able to accept any drop-ins as we have reached the limit of children for available staff and programs we have reserved.

Spring Break Blast Off With Piano! | March 18 - 22 from 9:30am -11:00am at CCCS

For students new to piano, this is a "quick start". For students that already have music experience this is a "Book Blast"! This camp helps to reinforce their existing knowledge as well as to 'blast ahead' in their piano book. Each class consists of piano time, activity worksheets, games, and group music exercises. Class is \$115 for the week, which includes materials. Start on the path to music or 'blast ahead"! Contact Kathy Erickson to register: kathy.erickson@cathedralschool.ca

Spring Break Volleyball Camps: Students who enjoy volleyball and are looking for something to do this spring break, check out this website and the camps they offer:

<https://bigdigvolleyball.ca/camps/>

BAYS UNITED Soccer Camps: Click the link to register for soccer camps through Bays United held at Cathedral School. Dates: May 10 - June 14, 2019 | Time: 3:10 - 4:00pm | Fee \$30

[Soccer Registration Link](#)

Spring Fair – Mark your calendars for Saturday, May 25. *Are there local businesses who you could contact to make a contribution to the Silent Auction?* Letters you can deliver when you approach these businesses will be ready in the office after Spring Break.

Talent Show – May 16: Calling all our talented students of CCCS! We are looking ahead to this year's annual Talent Show. *Spring Break is an excellent time to get your act organized!* Auditions will be held mid-April. We are requesting students to come to auditions with their acts prepared. We look forward to seeing your amazing talents!

– Mrs. Kennedy & Ms. Winter

YOGA CLASSES

Yoga for children: ½ hr. lunch time or 1 hr. after school sessions

K, 1, 2, 3: April 11 - June 6 ~ 12:20 - 12:50 / 8 classes: \$25.00

All Grades: Thursdays, April 11 - June 6 ~ 3:10 - 4:10 / 8 classes *PLEASE NOTE: NO CLASS APRIL 18 - EASTER

Therapeutic Benefits of Yoga for Children: Flexibility / Strength / Body Awareness / Balance / Coordination / Attention and Behavioural Regulation / Cognitive and Social Skills

Yoga, Mindfulness, and Meditation Class for grades 3 - 5

Tuesdays: April 9 - May 28 from 12:25 - 12:55 in the library \$25.00

There is an increasing interest in helping children develop methods to help them relax, de-stress and learn how to connect to their own inner source of calm. This class will be a blend of yoga, mindfulness and meditation, learning how to: let go, use the breath as anchor, practice patience - inspire kindness to others and connect to themselves. But mostly, a place to "just be" for ½ an hour. for more information about Meditation for Children check out:

<https://mindworks.org/meditation-knowledge/meditation-for-children/> or, this website: <http://www.sarahwood.com/> this where I received my certification ~ Mindfulness Instruction for Children Training.

Please see Educational Assistant - Vicki to register: [250-882-2325](tel:250-882-2325) // Email: omshanti89@gmail.com
<https://www.facebook.com/SanjanaYogaAndWellness> [Check out The Top 5 Reasons Yoga Helps Children](#)

Cathedral Banner Project Official Opening Thursday, April 4th at 3:30: Details in the poster below. RSVP by April 1st to: cccadmin@christchurchcathedral.bc.ca



RSVP by April 1st to:
cccadmin@christchurchcathedral.bc.ca



For more information or to register, email Kate:
knewman@christchurchcathedral.bc.ca



Click the link to read Christ Church Cathedral's weekly e-newsletter:
[CCC e-newsletter March 13, 2019](#)