



Christ Church Cathedral School Newsletter

May 22, 2019

Dear Parents & Guardians,

With ABC (Anything But Cars) week next week, my thoughts are focussed on supporting the environment. Climate change and wildfires, diminishing biodiversity, plastic accumulating in the depths of the oceans: what is one individual to do about these overwhelming global problems? Fight or flight are the two basic instinctual responses most animals rely on when faced with sudden danger; but what if that danger is not so sudden? What if it has slowly infiltrated our consciousness (for 30 years or more now) and just sits there intimidating us but does not pose an immediate threat. Nihilism or cynicism sometimes emerges as the human animal's collective response to ongoing non-lethal oppression, which is really just another form of flight. Is that what we want to teach our children?

No, escapism is not the answer. What we need are solutions, and that requires a positive vision of our future. So instead, let's teach our children that every action, every careful choice we and they make *will* make a difference. This is a challenge that will be conquered by the collective *will* and actions of all of us. So let's do what we can from where we are. The following small acts by many people can add up to make a difference while also teaching our children that we need to keep focused on solutions. When we can, let's drive less; when buying vegetables, choose organic; when packing lunches, avoid using plastic in any form. And finally, let's follow the lead of the School's Green Team and participate in ABC week to whatever degree we are able.

I hope to see you all at the Spring Fair this Saturday. There is still a way to go before we meet our fundraising goals for the year and this is a great opportunity to lay down some serious bids on the silent auction. Be sure to invite your friends, neighbours, and family to come join the fun. Then, next Wednesday is our Spring Concert. There is a matinee and an evening performance, so don't miss it! I am also looking forward to seeing many of you at our Track and Field meet on Friday, May 31 at UVic.

Stuart Hall

Weekly Calendar: For up to date calendar information, see the school's website:

<http://cathedralschool.ca/school-calendar/>

Wednesday, May 22	LIMSSA Gr. 6 - 8 Track and Field Meet #3 @ UVic After School
Thursday, May 23	Track and Field Practice @ Oak Bay Track at 7:10am Grade 5 Bike Trip to Fort Rodd Hill departs
Friday, May 24	Grade 5 Bike Trip to Fort Rodd Hill departs
Saturday, May 25	ABC Week Begins
Monday, May 27	LIMSSA Gr. 6 - 8 Track and Field Meet #4 @ UVic After School
Tuesday, May 28	Track and Field Practice @ Oak Bay Track at 7:10am Green Parade. Meet at Government House at 8am to walk to school Dress Rehearsal for Spring Concert
Wednesday, May 29	Cupcake Sale at lunch Spring Concert 10am and 6pm

News & Upcoming Events:



We would like to thank Sophia Doyle for stepping up and playing "O Canada" in assembly last week. Mrs Erickson was away and Sophia graciously agreed to accompany the students in assembly and did a superb job. Thank you Sophia!

Track Meet Details:

Wednesday, May 22 nd	LIMSSA Gr. 6 - 8 Track and Field Meet #3 @ UVic After School Events: 80m Hurdles, 300m, 1200m, Boys Shot Put, Girls Discus, Boys Long Jump, Girls Gr. 6-7 High Jump
Monday, May 27 th	LIMSSA Gr. 6 - 8 Track and Field Meet #4 @ UVic After School Events: 4 x 100m
Thursday, May 30 th	VISAA Track and Field Meet 8:45 - 2:30 @ UVic Track For all Gr. 3 - 7 Students that have been participating on the Track Team *No Track Practice in the morning
*Friday, May 31 st	CIS Track Meet hosted by CCCS: 8:00 - 3:00 @ UVic **Whole School track meet. Drop off and pick up from UVic

* We are urgently requesting parent volunteers for our track meet as two schools are unable to come this year and we need to run the Ball Throw station! Volunteers needed!

**** Please note that all students are to be dropped off at the University of Victoria track on Friday, May 31st between 7:30 - 8:00am. ONLY students in FULL TIME Lux Mundi will return to school on the school bus. All other students are to be picked up from UVic at the end of the day.**

Rafiki Bracelet Fundraiser: The bracelets should be here by the end of next week. A grand total of \$858 was raised by the grade 8 class. A special thank you to a grade 8 students Bronte, Maryn, Rebecca, Olivia, and Anais for organizing the Rafiki bracelet sales! The proceeds will help people around the world who lack basic necessities, like water, education, food, and health care. Thanks everyone for your support!

Yearbook Orders- Limited Quantity Still Available!

Thank you to all of the families who have returned their yearbook order forms. We look forward to sharing the final book with you soon! We have a limited number of yearbooks left to sell, so if you would like to purchase one please return an order form with \$35 cash or cheque (made out to Christ Church Cathedral Educational Society) ASAP!

Thanks so much, ~ *The Yearbook Team*

Spring Fair

Spring Fair May 25: The Spring Fair is THIS SATURDAY! Invite your friends and neighbours! Come to volunteer and have fun!

Silent Auction Items: Please bring any last minute donations to Todd.

Bake Sale: Bring your items to the school kitchen on Friday, May 24

WRISTBANDS! Use them for unlimited fun on Zorb Balls, Obstacle Course, Pillow Bash, Pitch Burst, and Children's Games. \$20 in advance/\$25 on the day. Available for purchase from the office.

Tickets will be available to purchase for individual activities at the Fair



ABC (Anything But Cars) week: May 27th to May 30th. We challenge you to get to school in a "green" way! This includes busing, carpooling, walking, biking, parking and walking, etc. For those who live farther away from school, we encourage you to "**DRIVE TO 5**". Find a place to park your vehicle that is approximately a 5 minute walking distance from school. It's a great way to add some exercise to your day and help with the congestion and lack of parking around the school!

There will be a Green Parade this year! We will meet at Government House on Rockland Ave. at 8:00am on Thursday, May 30th and walk to school together.

Cupcakes for the Community: The Community Club will be selling cupcakes for \$2 on Wednesday, May 29 at lunchtime. All proceeds will go toward helping seniors in our local community.

Dress Rehearsal for Spring Concert: Tuesday, May 28

Spring Concert: Wednesday, May 29. Matinee at 10:00am, Evening Performance at 6:00pm

WHOLE SCHOOL Track Meet Friday, May 31:

Cambridge Uniforms Fitting Day: Wednesday, June 5 from 2:00 - 5:30pm. Sign up in the office.

Beach Day: Monday, June 10 at Willows Beach

Summer Programs - Lux Mundi: Todd is still accepting registration forms, but please act quickly while spaces remain.

School Supplies for 2019/2020: We are doing bulk orders for classrooms this year rather than individual orders. Please DO NOT purchase school supplies for your child. There will be an amount per student to be paid to the school (not yet calculated). This will save you money, save waste and duplication, and ensure that every student is equipped with all supplies needed every day.

Parenting Resource: Here is an article to help with limiting screen time:

<https://www.drbeurkens.com/screen-time-how-much-is-too-much/>



Click the link to read Christ Church Cathedral's weekly e-newsletter:
[CCC e-newsletter May 22, 2019](#)